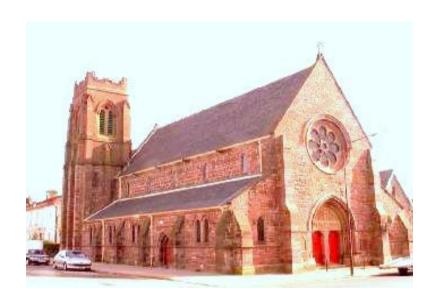
# September 2014

# THE MESSENGER



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The Magazine of St Michael
And All Angels
Episcopal Church
Helensburgh

# THE SCOTTISH EPISCOPAL CHURCH ST MICHAEL AND ALL ANGELS, WILLIAM STREET, HELENSBURGH

Charity Registered in Scotland SC006468

## The Bishop of Glasgow & Galloway

The Very Rev Gregor Duncan

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# From the Lay Reader's Desk

September marks the official start to autumn. An important gardening lesson Joy and I have learned since moving to Helensburgh nearly three years ago is, that unless the cutting back and tidying jobs have been completed by October, it will be nearly six months before it is fine enough to do any more. We will be marking our harvest thanksgiving at St. Michael's on Sunday 28th September, when we can look back over the farmers' year and give thanks to God for His abundant provision. As we all prepare for autumn and winter, it is that time of year to give thanks to God, take stock, be ready and move resolutely on.

Politically, September marks the biggest political decision Scotland has taken in 300 years. After many months of debate, our democratic process gives each citizen an equal opportunity to register their opinion. Bishop Gregor, in his Bishop's Charge at the Diocesan Synod back in the spring, outlined the responsibility given to each of us to participate in this process. Now is our chance to make our voices heard. It would be a tragedy if the outcome of the referendum were to be clouded by a poor turnout. The turnout at the European elections in May was only 33%, which was hardly a resounding endorsement for any of the elected MEPs, and always leaves the politicians room to claim the apathetic majority might all have voted for them if they could have bothered. Whatever our views on Scottish independence, we need a high turnout and a decisive result, so that the outcome cannot be questioned for years to come - all those 'what if?' scenarios are unhealthy, when the nation needs to move ahead along the path chosen on

#### **MESSENGER**

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#### Please send contributions to: jm.carroll40@gmail.com

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the eighteenth.

What should we as Christians be doing? As I am sure we have over the past months, we should be praying for our elected representatives as they set out the arguments. We should pray that God will guide voters as they wrestle with the issues. We should make sure we exercise our right to vote. We need to pray that the vote itself takes place in a dignified way with due regard to the seriousness of the decision we are making, and that there will be a high turnout so that the voice of the people is heard unequivocally. Perhaps our greatest concern should be for the aftermath of the vote and the need for reconciliation, as we know there will be many thousands who will be disappointed with the result, whatever it is. This is an area where the Church (in all its manifestations in Scotland) can show leadership. We should pray that there is no triumphalism by the winning side, when society needs to heal its wounds and move on under God's guiding hand.

Whatever the outcome, things will not be the same again. Like farmers and gardeners taking stock and giving thanks for the past as summer changes into autumn, so politically Scotland needs to give thanks for the achievements of the past. Then the nation should move forward in humility, perhaps with a certain trepidation, but with a definite confidence in the direction the voters send it.

Kevin Boak Lay Reader

# **Notices**

### **Monthly Coffee Mornings resume**

Everyone is invited to the Monthly coffee mornings.

The September coffee morning will be at 10.30am on Thursday 4<sup>th</sup> September at Susan and John Lewis's house, 29 Hillside Rd. Cardross.

#### **Hall Lets**

There are now several vacancies in church hall bookings. Given that there is currently a shortage of available hall space in the town, and given that the income from hall bookings is very useful, we need to see if we can increase the week-day use of the halls. At present the hall is available on:

Monday morning, most of Tuesday afternoon / evening, Thursday morning / afternoon, Friday morning / afternoon, and Saturday afternoon.

If you know of a person or organisation looking for halls to use, please put them in contact with Maureen Kyle, - Hall Convener ('phone number at the back of this issue.)

\*\*Rector\*\*

#### New appointment will improve Diocese's online presence

Andrew Walker has been appointed to the post of IT officer for the diocese. He will be working 15 hours per week and will initially be concentrating on auditing the websites of our charges with a view to improving our online presence. He will also be reviewing our IT infrastructure and practices as his work proceeds. He can be contacted through the Diocesan Centre or by email: <a href="mailto:itofficer@qlasqow.anglican.org">itofficer@qlasqow.anglican.org</a>.

#### **Eco Congregation**

National Conference on **Saturday 6th September** in Dunkeld 11am–3.30pm Local network meeting **Wednesday 10th September** in the U.R.C. at 10:30 a.m.

#### **Choral Evensong**

This traditional Anglican evening worship restarts on September 7th at the time-honoured hour of 6.30pm. If you have friends or neighbours wedded to traditional church worship THIS is the service for them! Do invite them to accompany you. (It is not obligatory for ladies to travel to Evensong on a bicycle equipped with a wicker-work basket on the handle-bars......) *Rector* 

#### Notices for the weekly bulletin.

At the beginning of a new 'session' could I respectfully remind you that notices for the Sunday bulletin must be given to Miriam or handed-in, clearly marked, at The Rectory by 5.00pm on a Thursday. If you will not be able to hand notices in actually on a Thursday, DO think on and get them in earlier. Thank you in advance for your co-operation.

Rector

#### **Bible Study Dates**

The start date for the Bible Study group at the Boak's house is Tuesday 16<sup>th</sup> September, thereafter on alternate weeks. If you are interested in joining the group at the Lewis' house please contact John Lewis .

#### **Mothers' Union Dates**

Monday September 1<sup>st</sup> 2.0pm Members' meeting Thursday September 18<sup>th</sup> 10.30 am Eucharistic Service

#### The St. Michael's Art Group

The St. Michael's Art Group will start again on the 18th of September after the summer break. The Art Group meets in the lower hall on Thursdays from 2pm to 4pm. It was started by Tom Humphries many years ago as a way of 'getting down to art'. Many of us have an interest in art and enjoy drawing or painting to make a record of the glories of God's world. Some may have a gift for it but many just enjoy the process. The great disadvantage is that it is difficult to take the time out at home to do it because there is always some other job that needs to be done round the house (or out of it). The idea of the art group was to set aside a specific period of time on a specific day and devote it to art. It has been a very pleasant way of pursuing the hobby and has continued for many years. The 'artists' vary in ability and knowledge but enjoy the process and the company, and have painted pictures that in some cases have been worthy of framing and hanging on a wall either at home or as a gift (or sale). Even if no permanent result is achieved the process has been enjoyable.

The group is not intended to teach art but rather to enjoy it – there is no unsolicited criticism of one's work (but often praise) and it is very useful to get ideas and help from the other members of the group. The members bring their own materials but tables and seating are available. There is a regular group that come and more would be very welcome. Attendance is not limited to members of the church and indeed not limited at all. So if you have thought about doing some art or know someone who has thought about it, why not join us? **At St.** 

Michael's lower hall on Thursdays from 2pm to 4pm. Just turn up. And it's free!

John MacCallum

#### St. Michael's Badminton Club

With the highly successful Commonwealth Games now over, Scotland is experiencing a surge in sporting activities. With Autumn and then Winter fast approaching, now is the right time for YOU to start thinking about your involvement and fitness as the evenings draw in.

**St. Michael's Badminton Club meet on Saturday evenings at 7pm** for 2 hours of play, subject to a quorum of 4 players being available and the Halls not in use.

The Club is for men & women -adults only- and we play with feather shuttles. You will need a racket. However if a racket is needed, a short term loan can be arranged for free.

The standard of play is mixed. We do have some good players but also some not quite as hot....like myself! I play for the health benefits, particularly as I find it helps my tired old lungs for Sunday worship! The more experienced players do give help and guidance to the less skillful members. In between games you may also get the chance to play table tennis.

There is no membership fee. The first night for a potential new member is also free. Thereafter it is the princely sum of £1 when you play. Almost cheaper than staying at home.

If you are interested please contact Shaun Hoey tel: 01436 671718 Looking forward to your call.

Shaun Hoey

#### <u>Contraflow Trustees Annual Report – Year ended 30th April 2014</u>

#### **Convenor's Report**

This has been our 15th year of further developing the established work and continuity of the Christian Youth Project, ContraFlow, with Andy Lang, as our Christian Youth Worker for the Helensburgh & Lochside outreach program, in his 4th year. It has been another year for which we can thank God for his guidance in what we have attempted to do for Him.

During this year, we have all had to adapt to the change in Andy's working hours from full-time to part-time integrating with the structured hours of Hamilton College. This has had a number of effects and knock-on side effects, and we have all endeavoured to respond positively to this and make it work.

Due to ever increasing demands on Andy's time, we continue to address the life work/home balance issue and have continued to engage the services of Jane Worsfold as a regular part time administrative worker to free up Andy's time to focus on his core objectives, and not the peripherals. The ContraFlow www site is now linked into the internationally recognised forum of FaceBook and is being actively used to achieve up to date communications that will ultimately benefit the outreach work.

Andy has continued with the extensive range of activities that the Project has

established over the years, and then further developed them into meeting the current needs of the 'today' young people. Primary and Secondary School Assemblies and their SU groups, Hermitage Academy Chaplaincy Team, the HD Bible Discussion Group, SU Holiday Camps & weekends, and Church visitations are among the regular periodic events that Andy is involved in. There are also Christian Focus Days (Easter & Christmas) for Primary Schools, the Bible World week at the Hermitage Academy & Lomond School (although not this year). All these projects have grown as Andy has continued with these various events. To enable these projects to flourish, Andy has spent time liaising with the Head Teachers of all the Schools, the local Church Ministers and Church Leaders and the SU staff. During the Assemblies at the Primary Schools he has distributed the booklet "It's Your Move" to most of the P7 pupils in the area and this is greatly appreciated by parents and teachers alike. Despite one of Helensburgh's Primary schools withholding access at this time, isn't it just so great that in this era of political correctness we have this continued Christian access to most of our schools?

During these times of continued economic downturn, the level of giving from both individuals and from the Churches continues to encourage us and we are grateful to our Treasurer, Paul Allen, for looking after the books so efficiently, and Crawford Howat as an Independent Examiner. We also acknowledge the generosity of Park Church in providing us with a free office accommodation and the use of the hall facilities for the various youth events, and the Baptist Church for meetings.

During this year we held a Thanksgiving meeting to commemorate our 15 years in bringing the Christian message directly to the young people in this area. The meeting was supported by many people who have had a direct interest in this project over the years, and it was good to re-unite with them.

I would like to record my personal thanks again to all the Committee Members (old & new) who perform a range of tasks that actively support Andy and the ContraFlow Project. I am also aware of other Christians in the area who actively assist Andy in practical ways like school SU groups. I see a great 'team' effort that runs right across the vagaries of denominational variances. I would also wish to record my thanks to the Board of Trustees for taking care of all the legal requirements in running ContraFlow, and with the interfacing with SU Scotland. Above all, we are grateful to God for the way He has led us throughout this eventful year and for the certain knowledge that he will direct our path for the coming year(s).

I have now completed my 7th year as Convenor, and as previously advised, I am now standing down from this position but would continue to be willing to remain on the Management Committee and support any other duly elected Convenor as the Member for St Andrews Kirk.

Clive Charters Convenor

## **Mothers' Union**

The 'Praise Him' evening at the end of June was a great success. Thank you to all who attended, to the choir and to Martyn Marshall. The amount raised was £309.

Mothers' Union did its bit in welcoming the participants to the Commonwealth games by holding a concert in St. Mary's Cathedral, Glasgow. The idea was to mark the work carried out by the Mothers' Union in all the Commonwealth countries. We had a large turnout of people on the evening of Thursday 24th July, in lovely weather. We were privileged to have the Athletics Coach from Uganda and their Pastor in attendance, as well as our Scottish Episcopal Chaplains to the Games. Thank you to all who came along and enjoyed the concert and the display of Scottish country dancing.

Subsequent to the concert Richard and I attended a celebration of Mary Sumner Day at Ann Glenesk's house where we again met the Ugandan Athletics Coach - a Mothers' Union co-ordinator. Also present was one of their shooting team, a policewoman and prospective MU member. Sadly she had not been allowed to compete as her equipment had not been delivered on time.

The team had a very large personal weight allowance for the return journey by plane. They had asked if we could supply clothes, for all ages, to be sent to Uganda. The amount which was collected by the few MU branches which responded to the request was amazing.

Our new session will start on Monday 1st September at 2pm with a members' meeting for catching up and discussing the rest of the programme.

Continued on page 11

# Calendar for September 2014

#### Monday 1st September

2.00pm Mothers' Union meeting Vestry Meeting 7.30 Rectory

# Tuesday 2<sup>nd</sup> September

9.15am Prayer Meeting 10.30am Said Eucharist followed by refreshments.

12 noon-12.45pm Rector available in the Choir Vestry

#### Wednesday 3rd September

7.30pm Said Eucharist

# Thursday 4th September

Monthly Coffee Morning at 29 Hillside Rd. Cardross

# Sunday 7<sup>th</sup> September 12<sup>th</sup> after Trinity

8.00am Said Eucharist (1970 Rite) 9.30-10.00am 'Open Spirit' contemporary worship (Crèche) 10.30-11.30am Sunday Clubs for children

10.30-11.30am Sung Eucharist (Crèche )

6.30pm Prayerbook Choral Evensong

### Tuesday 9th September

9.15am Prayer Meeting 10.30am Said Eucharist followed by refreshments. 12 noon-12.45pm Rector available in the Choir Vestry

#### Wednesday 10th September

7.30pm Said Eucharist

## Saturday 13th September

9.00am Rambling Club

# <u>Sunday 14<sup>th</sup> September Feast day</u> <u>of the Exultation of the Cross</u>

8.00am Said Eucharist (1970 Rite) 9.30-10.00am 'Open Spirit' contemporary worship (Crèche) 10.30-11.30am Sunday Clubs for children

10.30-11.30am Sung Eucharist (Crèche)

6.30pm Prayer Book Choral Evensong

#### Monday 15th September

N. W. R. Council at St. Andrew's Milngavie

# <u>Tuesday 16<sup>th</sup> September Feast day</u> <u>of St. Ninian</u>

9.15am Prayer meeting 10.30am Said Eucharist followed by refreshments.

12 noon-12.45pm Rector available in the Choir Vestry

# Wednesday 17<sup>th</sup> September

7.30pm Said Eucharist

# Calendar for September 2014

## Thursday 18th September

10.30am Mothers' Union Eucharist

# Sunday 21st September 14th after Trinity

8.00am Said Eucharist (1970 Rite)
9.30-10.00am 'Open Spirit'
contemporary worship (Crèche)
10.30-11.30am Sunday Clubs for
children
10.30-11.30am Sung Eucharist
(Crèche)
6.30pm Prayer Book Choral
Evensong

#### Tuesday 23rd September

9.15am Prayer meeting 10.30am Said Eucharist followed by refreshments.

12 noon-12.45pm Rector available in the Choir Vestry

## Wednesday 24th September

7.30pm Said Eucharist

## Saturday 27th September

'Messy Church' at St. Margaret's Churchill. (No admission charge, free lunch) 9.00am Rambling Club

# Sunday 28<sup>th</sup> September 15<sup>th</sup> after Trinity

#### **HARVEST THANKSGIVING**

8.00am Said Eucharist (1970 Rite) 9.30-10.00am 'Open Spirit' contemporary worship (Crèche) 10.30am-11.30am Sunday Clubs for children 10.30am-11.30am Sung Eucharist

(Crèche)

6.30pm Prayer Book Choral Evensong

# Tuesday 30<sup>th</sup> September Feast Day of St. Michael & All Angels

9.15am Prayer meeting
10.30am Said Eucharist followed
by refreshments
12 noon-12.45pm Rector available
in the Choir Vestry

#### **Mothers Union continued**

On Thursday 18th September David Cook will conduct a Eucharistic Service at 10.30am. It will be followed by a display and talk about the Tableaux which Ann Cook, Joy Boak and Joan Sadden have so painstakingly staged to illustrate Bible stories.

On Monday 6th of October we will have a visit, with guided tour, to the Govan Stones at Govan Old Church . Margaret Horrell

#### For those of you who were on holiday at the beginning of August:-

(And for those of us who enjoyed the sermon and would like to read it at leisure.)

# Sermon given by Rev. Jenny Sclater on 3 Aug 2014 UNCONSIDERED GIFTS Matthew14: 13-21

4th August marks the 100th anniversary of the day Britain entered one of the costliest conflicts in history, WW1. And so it is appropriate for us today to share in a moment of reflection about the sacrifices made in that war and in other wars since. In June Nigel & I visited some of the WW1 battle sites in Belgium and France. One of the many moving experiences of this trip for me was attending the memorial ceremony at the Menin Gate in Ypres, which takes place every single night at 8pm. Buglers from the Belgian Fire Brigade played the Last Post, wreaths were laid, and hundreds of spectators from all over the world stood in reflective silence for the 20 minute ceremony. The Menin Gate is a memorial to the missing in the battlefield area of Ypres, and bears the names of 54,389 Officers and men from UK and the Commonwealth forces who fell in this area but who have no known grave. This nightly rite helps to ensure that each one of those men is considered and remembered and honoured. Hold in your heads for a few moments that word "considered".

Once, a long time ago, I was at a Provincial Conference of the SEC (Whatever happened to provincial conferences? We don't seem to have them any more. I suppose they became too expensive a luxury for our small, cash-strapped church). They were great occasions with lots of good speakers and excellent worship, using the best thinkers and musicians in the church, and you always came away afterwards, buzzing with inspiration and encouragement and new ideas to try out when you got home. Anyway one of those conferences, I think it was in 2004, had a title: It was called "FIVE AND TWO". (The "FIVE AND TWO DIET" hadn't yet been invented) They called the conference that because all we said and all we did was based on the story of the feeding of the 5 thousand, the Gospel story that we heard today. Five and two, of course, because there were five loaves and two fishes. Co-incidentally, after they had chosen the name, the leaders realised that the dates when the conference was to be held were the 2nd to 5th September!

The opening speaker was the C. of S. Minister of Castlemilk East Parish in Glasgow, John Miller. He is a former moderator of the C of S. He gave a talk, about his experiences of working in this socially deprived housing scheme, and

he told us the stories of some of his parishioners. He told us that when church people heard what he did and where he lived they generally used to say something like "Oh, goodness, that work must be very challenging in such a spiritually barren place". But then he told us the stories, in their own words, of these ordinary people, to show us the depth of their spiritual understanding. These unnamed, unnoticed people queued at bus stops in the rain carrying their messages home in their plastic bags, and for the most part the world would not consider them highly. They drove buses and cleaned "toffs' hooses", yet many were people who possessed a deep spiritual understanding....truly unconsidered gifts.

And so Unconsidered Gifts was the title of the keynote address given by John Miller. That would also be an excellent alternative title for Jesus' miracle that we heard about today, and which we were studying on those 3 days in September 2004. ......And while we are on the subject of unconsidered gifts it is up to us to ensure that the gift of freedom given us by the sacrifice of those hundreds of thousands of casualties of WW1, whether they are named or unnamed, does not become, over the years, an unconsidered gift.

Those five loaves and two fishes that the young boy offered to help feed all those people, they were disregarded and dismissed out of hand by the disciples. They were gifts hesitantly offered up by a poor lad, and they were not even thought to be potentially useful in starting to feed 5,000 hungry people. Compared with the hugeness of the problem they were unconsidered gifts. But Jesus valued them. And that was the point.

When you think about it, there are unconsidered gifts everywhere. Another word for them is "blessings". Even when things seem pretty bleak in our lives, if we really look for them, we will find blessings, all sorts of good things we might not previously have paid any attention to.

One exercise that works for me is to sit down at the end of a long or tiring or particularly difficult day, when things do not seem to have gone my way, and for me literally to count my blessings, go through the day in my mind and go through one-by—one everything that has happened that day. I am always amazed when I do this that there are, after all, in what I had thought was an awful day, as well as things to regret, there are always good things to appreciate and value. And then I remember that those things are God's gifts to me, and I had been in danger of treating them as unconsidered gifts, of ignoring them altogether.

We can apply the same principle to the church. Sometimes it's tempting to be

downhearted about the state of the church in our society today....for different reasons. Individually we may think it's far too liberal, trendy even. Or we may despair that it's too traditional and stuck in the past. We may like things to be ordered and quiet in church or we may prefer our services to be lively and noisy; our sympathies may tend towards the catholic end of the church, or the evangelical wing or the charismatic movement. Whatever our preferences, it is undeniable that church attendance in our country is declining, and whatever our views about the reasons for this decline, we could easily lose hope. What is really important, though is that we realise that we do have in abundance, already, right now, plenty of resources, plenty of gifts within the church. We don't need to panic, as the disciples were on the verge of panicking about the cost of feeding so many people.

Jesus was then able to take one small, unconsidered gift and perform a miracle with it. Instead of getting bogged down with the little details of exactly how many people there were, instead of listening to their panicked cries of "But we haven't got enough", he sets them off on the task. In Mark's version of the story, Jesus says, 'Don't just stand there. Go and look'. Sometimes that is what the church needs to do: Go and see! You may have no idea where the resources are going to come from. So go and look around you, ask, listen, open your eyes, and you will find some previously unnoticed gifts that the church already has. You may, for example, find people with skills, imagination, time, good ideas.....willingness even..... When the disciples did that, when they looked around them, they noticed a small boy holding up what he had to offer. He had been there all the time, but they hadn't noticed him. It was only when their eyes were opened by Jesus that they saw him, they saw the five loaves and two fishes, and Jesus was able to transform these resources into nourishing sustenance for that great multitude of people.

They all ate and were satisfied, and the disciples picked up 12 basketfuls of broken pieces of bread and fish, because the story does not end with the feeding of the 5,000; there's a lot more food there and there are a lot more hungry people out there. That overflow, that abundance reminds us that God's gifts and grace are never just things that fill our own needs; God's gifts can be and are transformed by Jesus into food and sustenance and nourishment for everyone.

What are the unconsidered gifts in your life? This year is a good time to remember and give thanks for the gifts we have inherited from the sacrifice of those who died in WW1. And what are God's unconsidered gifts to the church?

We need to look carefully at what we DO have.

Think about that this week; you may be surprised at what you find, and even more astonished at what happens when Jesus transforms them, as his disciples were astounded when he transformed five loaves and two fishes into enough food for everyone.

Then, try grasping your own bread and fish, your gifts from God, and offer them up so that he may transform them too. Amen. Rev. Jenny Sclater

#### **The Beacon Trust**

I think that the Beacon Trust shop has been accepted into the town's list of shops to visit, at least by the town's criminal fraternity! Recently we had our first detectable bout of shoplifting. It would not have been as upsetting if the target for the theft had been display items in the shop but it was directed at personal items. A purse and mobile phone, belonging to one of our staff, was removed from her shopping bag which had been left in what we thought was a secure place. Her bank card was subsequently used to purchase items online and used as proof of identity to obtain other items. It is appalling that this sort of thing takes place, especially to someone who dedicates her time to help others less fortunate than herself, and who works in a shop where help is freely given to those in genuine need. We were informed that Charity Shops are deemed an easy target by opportunist thieves as they are "too poor" to install surveillance cameras. We were also advised that we were more than likely to be visited again by the same person because of their success. All I can say is that other measures have now been put in place and any future discovered attempt will be dealt with in the usual manner. We work on the principal of "trust" and it is a shame that some people can stoop low enough to violate that "trust".

Our ladies are still hard at work in the shop, disappointed that this has happened but determined that one thoughtless person will not impede the help given to the many.

Trevor McGrath OBF

## **Eco congregation**

We are now approaching the season of 'mists and mellow fruitfulness' after a summer in which I hope we have all enjoyed this wonderful Creation.

In 2007 an Ecumenical Assembly of church leaders met in Romania and adopted an earlier proposal to celebrate a 'Time for Creation' stretching from 1st September to 4th October (the feast of St Francis of Assisi) every year. It recommended that the period be dedicated to praying for the protection of Creation and the promoting of sustainable lifestyles to reverse the damage we are doing to the Earth.

One interfaith initiative is the 'Fast for Climate' campaign, whereby people of all faiths will fast for the first day of every month as an exercise in solidarity with the people and animals who are even now suffering devastating hardship as the result of climate change. To meditate on Psalm 65 for instance would be a helpful way to start, and will add depth to our Harvest Festival worship.

The John Muir Way opened in April this year running 135 miles from Helensburgh to Dunbar. This is to commemorate the life and work of this famous campaigner for the environment. John Muir's writings so beautifully evoke the goodness of God in all his works. The Way allows people to walk and cycle in comparative safety.

There will be a National Conference of the EcoCongregation Scotland on Saturday 6th September in Dunkeld 11am–3.30pm for those who are able to go, and a local network meeting will be held on Wednesday 10th September at the U.R.C. at 10:30 a.m.

Selina McGeoch

Please Note: 'Inspires' is available to read on The Diocese of Glasgow and Galloway Website. Editor

# ST MYCHAEL'S RAMBLING CLUB

#### **WALKS FOR September**

Walks are on Saturdays and start outside St Michael's Church at 9 am unless otherwise indicated by the leaders of the individual walks.

Date	Grade	Description	Leader
September 13th	tbd	tba	Sue Hume 675358
September 27th	Easy	Loch Eck / Benmore Gardens	James Ashby 675541

Definitions of grades (these are estimations and may alter after a recce):-

**Easy** – Fairly flat with mostly good walking surface.

**Medium** – Some ups and downs with tracks/paths; if no close 'easy' option the slower people might go part way.

Hard – Hillwalking with significant ups and downs and/or distance.

(An easier walk will, hopefully, be available)





# For whatever your challenge

The Committee is Frankie Hanmer, Geoff Mason, Sue Hume and James Ashby who will be pleased to receive suggestions for walks.

# <u>LECTIONARY – September 2014</u>

Sunday	Eucharist	Evensong
September 7 <sup>th</sup>	Ezekiel 33:7-11	Exodus 14: 5-21
	Romans 13: 8-14	Matthew 6:1-18
	Matthew 18: 15-20	Psalm 119: 49-56
September	Number 21: 4-9	Exodus 18:13-26
14th	Philippians 2:6-11	Matthew 7: 1-14
	John 3:13-17	Psalm 119:81-88
September	Exodus 16:2-15	Exodus 19:10-25
21st	Philippians 1:21-30	Matthew 8:23-34
	Matthew 20:1-16	Psalm 119:145-152
September	Ezekiel 18:1-4+ 25-32	Deuteronomy 26: 1-11
28th	Philippians 2:1-13	Matthew 13:24-30
	Matthew 21: 23-32	Psalm (tbd)

# READERS' LIST – September 2014

DATE	8:00am	10:30am	6:30pm
September 7th	Chris Sanders	Trevor Quickfall	Penny Johnston
September 14th	Katherine Black	John Lewis	Janet Hardy
September 21st	Selina McGeoch	Lena Sutter	Maurice Steuart-Corry
September 28th	Penny Johnston	Michael Blake	Maureen McCormack

Church Group Leaders	Contact People/Organ	<u>isers</u>	
People's Warden	Jo Scott	01389	849145
Rector's Warden	Susan Lewis	01389	841592
Sunday School			
- Crèche	Pauline and Ray Willia	ıms	673944
- Infants, Juniors and Bible Class	Anne Cook		672500
Sidespersons	Brian Kyle		672951
Bellringers	Kitty Fleming		676963
Reading (Lessons) Rota	Nigel Allan		671875
Cleaning Co-ordinator	Morag Carlaw		672090
Visiting Co-ordinator	Vacant		
Flowers	Sue Ashby		675541
Intercessions Rota, Laundry, Soft			
Fabrics and Chief Sacristan	Joan Sadden		672422
Sunday Coffee Rota	Margaret Horrell		676936
BRF (Bible Reading Fellowship Notes)	Susan Lewis	01389	841592
Mothers' Union Branch Leader	Margaret Horrell		676936
USPG	Marion Blake		673960
Keep Fit/ Hall Convener/			
Monthly Coffee Morning Rota	Maureen Kyle		672951
Eco Church	Selina McGeoch	(	576074
Hill walking and Rambling Club	James Ashby		675541
Badminton Club	Shaun Hoey		671718
Traidcraft	Jo Scott	01389	849145
Vale of Leven Hospital Tea Bar	Sophie Hamilton		671074
	& Judith Adams		672477
St Michael's Art Group	John MacCallum		673521
Magazine Editor	Marjory Barrington		820484
Assistant Editor	Richard Smith		831087
Collation / Distribution	Barbara Hoey		671718
	& Morag Carlaw		672090

Ask how to join or help. Perhaps bring new ideas for new activities. You will be welcome. Please let the editor know if any changes are needed.







# **Sunday Services**

Eucharist(1970 Rite)	8:00am
Open Spirit Contemporary Worship	9:30am
Sung Eucharist(1982 Rite)	10:30am
Prayer Book Choral Evensong	6.30pm
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# Weekdays

Eucharist Tuesday(1970 Rite)	10:30am
Eucharist Wednesday(1982 Rite)	7:30pm

Tuesday at 9:15am to 10:00am. Prayer Group in Choir Vestry